

Student President Elections Manifesto and Mini-festo Form

Manifesto

I have been a Borders College student for 6 years altogether, completing a HNC in Construction, then attending night classes whilst working full-time, and returning to college, to complete my HND in Business.

I have experienced first-hand the rollercoaster of emotions college brings, and understand students do-not always know where or who to speak to, to access the support they need. I understand students face issues, which can impact their mental and physical health. Balancing family life and studies, when finances are low, can affect all aspects of a student's life.

By working closely with College Wellbeing advisors, I will promote help and support available to students, particularly Smash the Stigma campaign. I want students to know there is always someone to speak to and ensure they know how to access this. I will work with students to set up peer-support groups, where concerns/worries can be raised, and ideas/tips can be shared. Together we can look at techniques/strategies to enable us to build resilience, and get the best experience possible from College.

Our College is an exciting and Diverse place to study. We are all different and all deserve to be treated with respect. I am eager to promote equality and diversity by running short focused campaigns throughout the academic year.

If I were elected as Student President my aims will be: -

- Smash the Stigma – Promote better mental health for all
- Build resilience through peer support
- Respect and Embrace Diversity

Mini-Festo

Throughout the academic year I aim to promote better mental health awareness whilst enabling students to build resilience through peer support groups. By promoting respect within the college, together we can all embrace the exciting and diverse place Border's College is to study in.