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Action	Responsibility	Progress	Detail
Develop and implement ongoing campaigns to promote wellbeing and raise awareness of mental health challenges relevant to students			
Complete a mapping exercise to identify key issues faced by students throughout the year			Student forum will support identification of key challenges
Contact organisations and individuals who are able to support activity identified through mapping exercise			
Develop and implement proposed activities			BCSA setting up Mental Health Forum
Liaise with Mental Health Wellbeing Officer to provide additional support for the development and delivery of activities			MHWO involved in the development/facilitation of mental health forum
Provide training opportunities to enhance the capacity of staff and student representatives to identify and support students who are experiencing mental ill-health.			
Online mental health modules to be made available to all staff within the suite of Engage induction modules	C. Nairn		Two 'Understanding Mental Health' modules now available to all staff.
Make Scottish Mental Health First Aid Training available to all staff.	ABrydon/C Elliot		X staff trained, more sessions scheduled for 2020-21
Organise Scottish Mental Health First Aid Training for Class Representatives.	A Brydon		21 Class Reps trained 2019-20

Develop policy to provide guidance for staff supporting transgender and gender diverse students	A Brydon		Plans to work with LGBT Youth to develop guidance. Current LGBT guidance has been shared with relevant staff.
Focus on preventative aspects of mental health and wellbeing to raise overall awareness of mental health issues and help students self-manage their mental health.			
Ensure a range of wellbeing support options are accessible to students on the student portal	BCSA/Student Services		Information available in the BCSA and Student Services sections.
Recruitment of Mental Health Wellbeing Officer with responsibility to develop and implement activities to support improved mental health and wellbeing.	C. Nairn		Complete
Promote the Big White Wall as a self-help resource for students	BCSA/Student Services/C Reith		BWW promoted regularly on social media/staff regularly signpost to students.
Investigate the opportunity to deliver a suite of mental health self-management courses			Resources available through Big White Wall/NUS/NHS
Develop a student mental health forum to drive improvements in local mental health support	A Letham		Advertised forum to students to identify representatives Student President working with MHO to develop initiatives for students

<p>Deliver a range of wellbeing initiatives in conjunction with Borders College Students' Association</p>	<p>Student Services</p>		<p>Student Services team attend equalities calendar meetings to develop wellbeing activities linked to key equalities themes. Involvement at all BCSEA wellbeing events e.g. Smash the Stigma, Tiny Changes</p>
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